

	Mon	Tue	Wed	Thu	Fri	Sat
Noon-1:00pm	Private Training	Open Karate - TC	Private Training	Open Karate - TC	Private Training	4&5 year olds (9:45-10:15am)
1:30-4:15pm	Private Training	Private Training	Private Training	Private Training	Private Training	Kids Calligraphy (9:45-10:30am)
4:30-5:00pm	Private Training	4&5 year olds	Private Training	4&5 year olds Abacus (4:15-5:00)	Private Training	Kids Karate (10:30-11:45am)
5:15-6:15pm	Kids Karate: TC & FF	Kids Karate Kata & SD	Kids Karate: TC & FF	Kids Karate Kata & SD	Kids Karate: TC & FF	Adults Calligraphy (10:45-11:45am)
6:30-7:15pm	Open Karate - TC	Open Karate - Kata	Open Karate - TC	Open Karate - Kata	Open Karate - TC	Open Karate: TC (12:00-1:00pm) Abacus (12:00-12:45)
7:15-8:00pm	Open Karate - Kata	Open Karate - TC	Open Karate - Kata	Open Karate - TC	Open Karate - BT	Free-fighting (1:00-1:30pm)
8:00-8:30pm	Open Karate - BT	Free-fighting		Free-fighting		Black Belt (1:45-2:45pm)

- TC - Technique & Conditioning
- Kata - Movement Patterns
- FF - Free-fighting
- SD - Self-Defense
- BT - Bag Training

- Adult Free-fighting Classes are limited to students at or above the blue belt level.
- Late arrival is permitted within 10 minutes after class has begun.
- Schedule ends at 5:00pm on 1st Thursday of each month.
- Children may attend adult classes on Friday evenings with Director's permission.
- Kindly register online for [Group Classes](#). This helps us with class preparation.
- Students may schedule [Private Training](#) online or by phoning the Dojo.



2014 is the Year of the Horse!